



# Walk the County

## **Part 1 - Do all of the following**

1. Do some map reading - relevant to your section's abilities.
2. Know what sort of equipment you need to take on a walk.
3. Know what sort of clothing you should wear for a walk.
4. Know the countryside code.
5. Know and practise some basic first aid & know what to have with you in a first aid kit.
6. Know what to do in an emergency - emergency phone numbers, map references, distress calls etc.
7. Go for a walk -
  - Rainbows at least 1 to 2 miles
  - Brownies at least 2 to 3 miles
  - Guides and older at least 4 to 5 miles

## **Part 2 - Do at least two of the following**

1. Design a new flag for your Guiding county.
2. Make a poster, play, song or dance about your county.
3. Take part in or make up a quiz about your county.
4. Tray a traditional food or drink from your county.
5. Find out about and celebrate our county - North Yorkshire.

## **Part 3 - Do at least one of the follow**

1. Make your walk a sponsored walk.
2. Learn about the plants you may find in your area and see how many you can see on our walk.
3. Learn about the birds and animals you may find in your area and see how many you can see on your walk.
4. Find out about historic buildings or structures in your area and base you walk around them.
5. Incorporate finding a Geocache (or several) into your walk.